Overview of Trauma Focused Cognitive Behavioral Therapy
Friday, December 3, 2010
Registration: 8:30 a.m.
9:00 a.m. - 4:30 p.m.

Target Audience
This workshop will be highly beneficial for all who work with children and adolescents using Trauma-focused cognitive behavioral therapy, including psychologists, social workers, counselors, case managers, qualified professionals, and staff working in residential and day programs. Other interested mental health and human service professionals are welcome to attend.

Program Description
This one day training will cover the basics of Trauma-focused cognitive behavioral therapy, explaining the evidence base behind the model and the theoretical underpinnings. The bulk of the day will focus on the specific components of the model.

Objectives
Upon conclusion of this program the participants should be able to:
• Describe the qualifications of evidence based practice;
• Explain and list the important outcomes of TFCBT research;
• Discuss the goals of each component of TFCBT and some ways they can potentially meet those goals with clients; and
• Identify resources for where to get additional information and training on TFCBT.

Presenter
Donna Potter, MSW, LCSW, is a licensed clinical social worker and has been working with traumatized children and families since 1992. She has been an instructor for Duke University’s Department of Psychiatry at the Center for Child and Family Health since 2000. In that role, she has conducted forensic evaluations of child physical and sexual abuse and neglect and has acted as an expert witness for the courts. She also provides consultation to the State Division of Mental Health, DD, SA on issues of diagnosis and treatment of Reactive Attachment Disorder, including having written the clinical guidelines for assessment diagnosis and treatment of RAD for North Carolina and providing training around the state and in other states on issues related to attachment and trauma. Donna provides evidence based mental health trauma treatment to children and their families and disseminates evidence based treatment practices throughout the state of North Carolina and across the country. She is endorsed as a trainer by the developers of both Trauma-Focused Cognitive Behavioral Therapy and Child Parent Psychotherapy. The majority of her training and consultation focuses on issues of early childhood, attachment and trauma.

Credits
0.6 CEUs will be awarded to participants who attend 100% of this program. Southern Regional AHEC adheres to NBCC Continuing Education Guidelines, Provider #5362. (6.0 Contact Hours) This program will provide 6 contact hours (category A) continuing education credit to NC Psychologists. Application has been made
to the North Carolina Substance Abuse Professional Certification Board for up to 6 hours of General Skill Building Credit.

**Location**
Southern Regional AHEC, Gerald A. Strand CE Auditorium
1601 Owen Drive, Fayetteville, NC.

**Event Fees**
Registration Fees: $95 if registration and payment are postmarked on or before November 19, 2010; $105 thereafter.
All individuals registering online at www.southernregional.org will receive a special discount of $10.00 off each program.

8:30 a.m. Registration
9:00 a.m. Theory
9:30 a.m. Evidence Based Treatment and the Evidence Base for TFCBT
9:45 a.m. Introduction to TFCBT
10:00 a.m. Break
10:15 a.m. Continue with Model Components
12:00 p.m. Lunch (On Your Own)
1:00 p.m. Continue with Model Components
2:30 p.m. Break
2:45 p.m. Continue with Model Components
4:30 p.m. Wrap-up/Evaluations/Adjourn