Trauma-Focused Cognitive Behavioral Therapy

Feb. 27
8:00 am Registration
8:30 am - 4:30 pm Training
Feb. 28
8:00 am Registration
8:30 am - 4:30 pm Training

CTI Training
Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) has proven to be highly effective in improving symptoms and adaptive functioning in children who have experienced sexual abuse and multiple traumatic events, as well as in helping their non-offending parents who have participated in treatment. This workshop will provide clinicians with training in how to provide TF-CBT and to implement this model in usual community settings.

Through multiple case examples, the training will focus on the PRACTICE components of the model: Psychoeducation, Parenting skills, Relaxation and Affective modulation, Cognitive processing, Trauma narrative, In vivo mastery of trauma reminders, Conjoint child-parent sessions, and Enhancing safety and future developmental trajectory. The training will primarily focus on school-age children and adolescents.

CTI Training Presenter
Shannon Dorsey, PhD, a clinical psychologist, is Assistant Professor in the Department of Psychiatry and Behavioral Sciences at the University of Washington School of Medicine. Dr. Dorsey's research and clinical focus are on evidence-based treatment for children and adolescents. Within this area, she has particularly focused on evidence-based interventions for youth affected by trauma, youth with behavior disorders, and youth involved with child welfare. Dr. Dorsey is an expert in TF-CBT and conducts trainings nationally and internationally. She is principal investigator on an NIMH-funded project evaluating TF-CBT and evidence-based engagement strategies for foster-care youth exposed to trauma.

Fee: $200 for two days

Professional credits: 14 hours of CEUs available for MFTs and LCSWs; 13.5 CPA CE units for licensed psychologists. (Please add $10 if you would like CEUs and $15 if you would like CPA CE's).
Please note, all participants are expected to have completed the online TF-CBT web training program as a pre-requisite for training attendance. Please print and bring the certificate of completion to the training. The TF-CBT web training is free and provides 10 hours of CEUs. It is a standard pre-requisite for TF-CBT trainings, so that more of the training can focus on practice of skills, vs. basic learning.

Register here for Trauma-Focused Cognitive Behavioral Therapy
Seating is limited, so you must register to attend.

The training will be at Jewish Family and Children's Services, Miriam Schultz Grunfeld Professional Building, Olive Room at 2150 Post St., San Francisco.

Join Our Case Consultation Group on Trauma-Focused Cognitive Behavioral Therapy-by Phone!
We are offering bimonthly group case consultation by phone with master trainer Carrie Epstein, LCSW to help you consolidate practical knowledge in this evidence-based model, TF-CBT. The calls involve presentation of cases in which the clinician is using TF-CBT, discussion of strategies to engage the child/adolescent and his/her caregiver, and ways to implement the TF-CBT components effectively with clients. Calls are interactive and involve predominantly case discussion.

To participate in these group conference calls, you must have taken a two-day (14-hour) TF-CBT training.

Conference calls will be held on the second and fourth Mondays of the month for six months, March 11 - August 26, 2013. The calls are limited to 10 participants. The cost is $50 per case consultation or $600 for six months. A six-month commitment is required. A $300 non-refundable deposit is required by February 11th. Register for Case Consultation Group on Trauma-Focused Cognitive Behavioral Therapy call Lesley Sternin at 415 359 2476. or Amy Weiss at 415-359-2466.